

ARROYO GRANDE LIONS CLUB
THE ROARING LION

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119 S. Rena Street
Arroyo Grande
CA, 93420
473-8418

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President's COMMENTS:

During November we had the opportunity to attend the second cabinet meeting in Cayucos. It is too bad that not more members attended since the meeting was so close. During the meeting DG Jeff presented Lions John and George with an International Extension Award for their efforts in starting the Nipomo Lions club. Two members of the new club also attended the meeting. We also assisted the Arroyo Grande Recreation Department with the 29th Turkey Trot. Thanks to the members who assisted. Our next event is our family Christmas Party which is also a regular meeting night. I hear that our quest speaker is traveling all the way from the North Pole. Then it will be time to make New Years resolutions. I hope that there will be at least one that will include Lions. Thanks once again for all your help this past year.

SCHEDULE OF UPCOMING EVENTS:

December 6- Regular meeting
December 7 - Nipomo Lions 8:00 AM Blacklake
December 13 – Board Meeting
December 20 – Family Christmas party 6:30 PM (Nipomo Lions, spouses, children & grandchildren are invited.
December 21 – Nipomo Lions no meeting will attend A. G. Lions Christmas party
January 3- Regular Meeting
January 4 – Nipomo Lions regular meeting 8:00 AM Blacklake

Club news:

November 15 Regular meeting: Lion Jack asked each member to tell what they were doing for Thanksgivings Day. Lion Frank & Connie was going to have a quite dinner in Santa Barbara with their daughter and son-in-law. Lion Stan was going down south (what else is new), Lion George & Lynn were going to go to Utah and do cooking for a change. Lion Bill was going to his middle daughters as usual. There were many other plans and all were wished to have a safe holiday.



Lion Jack conducting the program



Lion Les & Locksey



Lions Bill & Christine

November 29 "EXTRA" regular meeting: Lion Ken made a digital travel log presentation on their visit to India. Lion Ken said that he would like to go back to India someday; however I don't think that Gaby had the same desire. The slides included a visitation to the Taj Mahal.



Lion Ken & Gaby



Lion Stan kissing Mary to commemorate 50 years of Marriage. This moment caught at the cabinet meeting.

November 17 & 18: Lions Terry, John, Jack, Stan, & George attended the cabinet meeting at Cayucos. Friday night was "Brag Night" where clubs can tell of some of their activities since the last cabinet meeting. Lion Jack stood up and was the spokesperson for our club. He told of our success at the Harvest Festival, the soon to be held Turkey Trot, and our involvement in getting the Nipomo Club going. Saturday morning we had a presentation for PID Bill Iannacone concerning Lions in Sight. He announced that the Hugh Houser video was available to be shown on any public TV station. Information seminars were held too. The following topics were covered: "Student Speakers Contest," Presidents & Secretaries," Scrapbook Contest," Te be a District Officer." The afternoon session included Committee Reports and Presentations. Lion John and George received an award from International Lions for their efforts in chartering the Nipomo Lions Club.

No visitations were scheduled.

Visitations: Because of lack of interest in visiting clubs all future visitations will be scheduled just prior to any visitation.

District 4A-3 Endorsed Charities

Alzheimer 's Disease & Related Disorders Association of Santa Barbara, Inc
Braille Institute
City of Hope
Ear of the Lion Foundation, Inc., aka The Hearing Foundation
Guide Dogs of America
Guide Dogs for the Blind. Inc.
Lions Camp at Teresita Pines
Lions Clubs international Foundation (LCIF)
Lions Project for Canine Companions for Independence (LPCCI)
Lions Sight & Hearing Center
Lions Sight Conservation Foundation of Santa Maria (LSCFSM)
Recording for the Blind and Dyslexic
Santa Barbara Zoological Gardens
Southern California Lions Eye Institute (SCLEI)
Surgical Eye Expeditions (SEE) International
Senior Volunteer Services, aka Lions Project Lifesaver
Student Speakers Foundation
Vision-Loss Support Services
Western Lions Ear Foundation

Lions information:

It is estimated that more than 200 million people have diabetes. They are at risk of losing sight due to diabetic retinopathy. Diabetic retinopathy affects the retina, the light-sensitive tissue at the back of the eye that transmits visual messages via the optic nerve to the brain. When this delicate tissue is damaged by diabetic retinopathy, the result may be visual impairment or blindness.

Diabetes awareness was adopted as a long-term commitment of the association in March 1984. The primary objective of the Lions program is to reduce the number of new cases of blindness caused by diabetic retinopathy through diabetes education, early detection and treatment, and support of research.

Lions are especially encouraged to conduct awareness activities during the month of November--Lions Diabetes Education Month. The [Lions Diabetes Activity Guide](#) (IAD163) features suggested diabetes service projects.

Why is it important to know how diabetes affects the eyes?

If you have diabetes--or if someone close to you has this disease--you should know that diabetes can affect the eyes and cause visual impairment.

Fortunately, there are ways to prevent or lessen damage to the eyes caused by diabetes. That is why it is so important for people with this disease to have a professional eye examination as soon as their diabetes is diagnosed, and at least once a year thereafter.

Annual eye examinations are especially important for people who have a high risk of developing eye complications from diabetes. These include persons with diabetes who have had their disease five years or longer, and those who have difficulty controlling glucose levels in their blood.

In addition, pregnancy is known to be a factor in the development or worsening of diabetic eye disease. There is evidence to suggest that high blood pressure and smoking may cause diabetic eye disease to worse

DISTRICT 4-A3 ACTIVITIES:

The second cabinet meeting was held in Cayucos on November 17 & 18. Dr. Bill Iannaccone, PID presented a program on Lions in Sight Saturday morning. Friday night is a casual fun event that gave each club the opportunity to "Brag" about club activities. Saturday morning provided the attendees with various seminars to attend. Hopefully there Lions who will seek district office in the future in attendance.

MULTIPLE DISTRICT FOUR (MD-4) ACTIVITIES:

The next Council of Governors meeting will be held in Fresno just prior to the MD-4 convention. There will be some major changes to the Constitution & By-laws on the ballot at the convention in Fresno. This information should be available from John in the near future. Registration information should be available from John too or check the MD-4 website (www.md4lions.org) for further information on the convention which will be on February 2-4, 2007.

LIONS INTERNATIONAL ACTIVITIES:

The November Message from President Ross tells of the importance of Campaign SightFirst II and it can only succeed with our involvement. The Arroyo Grande Lions have and will continue to support this program. This program is also supported by former U. S. President Jimmy Carter through "The Carter Center." See the articles in the November issue of the Lions Magazine.

Nipomo Club News:

December 7 meeting (8:00 AM): The speaker will be Beth Raub of the S. L. O. County Women's Shelter. The discussion will include a "Wish List" and a "Food Basket needs list."

December 9 the Lions will participate in the Christmas in Old Towne by serving hot dogs. Please see Lion Mark to offer your service. The location is the Men's Club.

Lion President Toni is researching the cost of stuffed Lions for the back packs and will have them available for members to purchase.

Regular meeting will be held on December 7 at 8:00 AM.

There will be no meeting on December 21, each member spouse and child or grandchild is invited to attend the Arroyo Grande Lions Family Christmas party on Wednesday December 20, at 6:30 PM at 211 E. Vernon Ave., Arroyo Grande. See page 6.

If you have possible programs see Lion John Donovan.

HUMOR?



Laugh a minute! Ha! Ha!



Did you know?

Age is nothing but experience, and some of us are more experienced than others. *Andy Rooney*

Recent club Photos:



Lion Frank collecting a fine from Lion George who was accused erroneously!



Lion Denise and her daughter Carli at the cabinet meeting



PID Bill and VDG Bill at the cabinet meeting



Lions Dan & Elliott



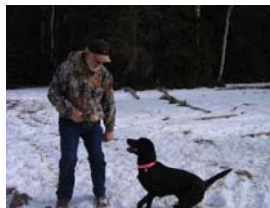
Lion Frank & Connie



Lion Thor & Diana



Lion Bill, Sadie, & Lynn



Lion George & Sheba in the snow of Utah



St. George, Utah Lions & VFW Building

Arroyo Grande Lions Family Christmas Party

Nipomo Lions and family are invited

Our annual Family Christmas Party will be held on December 20, 2006 at 6:30 PM at the Women's Club. This is a Pot Luck event with the following items provided by the Club:

Turkey & Ham
Rolls & butter
Cranberry sauce
Pies
Coffee & punch



George will supply the following:
Mashed potatoes & gravy
Dressing (stuffing)
Relish plate

Members will supply the following:
Vegetable side dish
Salads

These dishes should be enough for a minimum of 15-20 servings

Here are some suggestions:
Vegetable dish;
Green bean casserole
Vegetable medley
Yams or sweet potatoes
Or your favorite



Salads
Fruit
Green
Jell-O
Or your favorite

Let me know what you are bringing by December 13

Our annual Christmas Party is an opportunity for our Lions family to get together. Bring your children and grand children. However we need to know who is coming by December 6. The following is the information needed. A sign up sheet will be at the next two meetings. If you are not able to attend please give this information to me ASAP.

Member's name	Number of Adults & children over 12 years	Children 12 years & under (insert child's age)	Childs name

Name	Address	Telephone	Office Held
Awalt, Rich (Pam)	512 Arroyo Ave., A. G., 93420	489-4600(H)	
Barcellos, Matt (Karen)	142 Pearwood Ave., A. G., 93420	481-1078(H) 541-0850(B)	3 rd VP
Bonds, Tom (Sue)	517 Launa Ave., A. G., 93420	489-7338(H)	1 yr Director
Bradbury, Joe (Jeanne)	412 Printz Rd., A. G., 93420	489-9549(H)	
Cabassi, Charlie (Sandy)	P O Box 200, A. G., 93421	489-7696(H) 489-5594(B)	Sight Conservation
Carr, Bob (Jamie)	836 Olive, A. G., 93420	489-7098(H)	
Channing, Clark (Gretchen)	245 Effie Way, P. B. 93499	489-8474(H)	
Cockshott, Bill (Vi)	584 Via La Barranca, A. G., 93420	481-7927(H) 489-4859(B)	
Couch, Bill	614 Vista Pacific Circle	773-6297(H)	
Couch, Christine	614 Vista Pacific Circle	773-6297(H)	
Dorman, Les (Locksey)	9000 Huasna Rd., A. G., 93420	489-6891(H)	
Frederick, Vernon (Jeanne)	847 Norma Drive, P. B. 93449	481-9546(H)	Lion Tamer
Freitas, Frank (Connie)	1604 La Vineda, S. L. O., 93401	543-4442(H) 781-5443(B)	
Gallagher, Jim (Jan)	1141 Oakmont Place, Nipomo, 93444	931-0637(H)	2 nd VP
Gatz, Jack (Pam)	1558 Laurel Lane, S. L. O., 93401	544-1194(H) 550-3074(B)	Programs
Gegg, Colin (Gretchen)	1167 Monaco Court, G. B., 93433	481-2452(H) 489-0861(B)	
Jones, Dan (Karen)	315 Allen St., A. G. 93420	489-6021(H)	
Lambert, Clem (Amanda)	850 Virginia Drive, A. G., 93420	489-2106	Director
Levine, Ken (Gaby)	1425 Hillcrest Drive, A. G., 93420	489-7323	
McInerney, John (Marilyn)	1327 Black Sage Circle, Nipomo, 93444	343-2451(H)	Secretary/Treasurer
Mansell, Leonard	501 S. Halcyon Road, A. G., 93420	481-4053	
Montgomery, Isaac (Anna)	148 Rosewood Ave., A. G., 93420	489-8153(H)	
Murray, John	239 Oakwood Ct., A. G., 93420	473-8412	
Orton, Terry (Nancy)	119 S. Rena St., A. G., 93420	473-8418(H) 541-2394(B)	President
Ourston, Thor (Diana)	783 Arabian Circle, A. G., 93420	473-3937(H) 473-1535(B)	
Payne, Bob (Lori)	2368 Huasna, A. G., 93420	489-7170	
Pierson, Bill	817 Forest Glen, A. G., 93420	481-5886(H)	
Sharpe, Stan (Mary)	10850 Ciervo Trail Way, A. G., 93420	489-5798	Membership
Stewart, George (Lynn)	137 Pearwood Ave., A. G., 93420	489-6541	Membership
Walker, Dan (Michele)	656 Balboa St., G. B., 93433	739-6152 441-6564(B)	1 st VP
Walker, Elliott	656 Balboa St., G. B., 93433	739-6152	2 yr Director
Wetzel, Frank (Irene)	1682 El Cerrito Ct., S. L. O., 93401	543-2145	
Woodworth, Tom (Linda)	221 Trinity Ave., A. G., 93420	474-6517	Tail Twister
Workman, Frank Dr. (Toni)	1571 Vista Grande Lane., A. G., 93420	474-0425	

THERE IS ROOM TO ADD NEW MEMBERS!

District Governor:
Jeff Roundy
216 Channel Heights Ct.
Ventura, CA 93003
701-0653(B)

Cabinet Secretary:
Donna Manuel
1468 Ivory Drive
Santa Maria, CA 93455
937-4363(H)

Region "L" Chairman
Arnold Kalvans
P O Box 64
San Miguel, CA 93451
467-3514(H)

Zone 2 Chairman
Jim Lyons
P. O. Box 1732
Morro Bay, CA 93443
771-9182(H)

MD-4 Office

129 Los Aquajes Ave.
Santa Barbara, CA 93101
963-6681
admin@md4office.org

Lions Clubs International
300 22ND Street
Oakbrook, IL 60523-8824
www.lionsclubs.org

PCC George Stewart, Editor
137 Pearwood Ave.
Arroyo Grande, CA 93420
gstewart4a3@aol.com

Lions information:

The Motto of Lions International is, "**WE SERVE.**"

The slogan of Lions is "**Liberty, Intelligence, Our Nation's Safety."**

Thus **LIONS.**

Lions official colors:

The official colors are purple and gold. Purple stands for loyalty to friends and to oneself. It also stands for the integrity of mind and heart. Gold symbolizes sincerity of purpose, liberality of judgment, purity in life and generosity in mind, heart, and pursue toward one's fellowship.



The Lions emblem:

The emblem consists of a gold letter "L" on a circular gold area with two Lion profiles at either side facing away from the center. The word "Lions" appears at the top and "International" at the bottom. Symbolically, the Lions face both the past and future...proud of the past and confident of the future.