

ARROYO GRANDE LIONS CLUB
THE ROARING LION

President:
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President's COMMENTS:

As we start the second half of the year I ask that each you consider what you can do to assist next year's president and the board to continue to serve our community. It should be an opportunity to expand community service projects and to increase our club membership. Look around for those that you think would be an asset to our club. Look for those who would like to take advantage of the fellowship that we enjoy with each other at club meetings and at club projects. Members who share the desire to give something back to our community. Seek those who have a passion to work with the youth, our seniors, or any other areas of service within our area. It is true that most people want to sit in the stands and not get on the playing field. It is our duty and obligation to show that how satisfying it is to give something back. Lions do your best to recruit a new member into the club before the end of June. Thank you and keep up the good work.

SCHEDULE OF UPCOMING EVENTS:

January 10 – Board Meeting at Lion John's
January 13 – Healthy Club Workshop in Glendale
January 17 – Regular Meeting
January 18 – Nipomo Lions 12:00 noon Blacklake
January, 26, 27 - Boys Basketball Tournament
January 31 – 5th Wednesday club meeting "Guest Night"
February 1 – Nipomo Lions 8:00 AM Blacklake (Student Speakers Contest)
February 3, 4, 5 - MD4 Convention Fresno
February 7 – Regular meeting Student Speakers Contest Club Level 6:30 PM
February 14 – No Board meeting **Happy Valentine's Day!**
February 16 & 17 – Cabinet meeting in Carpinteria
February 15 - Nipomo Lions 12:00 noon Blacklake
February 21 – Regular meeting
March 1- Nipomo Lions 8:00 AM Blacklake
March 7 – Zone Speakers Contest hosted by Arroyo Grande 6:30 PM
March 25 – Lions tribute day at the City of Hope

Club news:

January 10 Board meeting: Lion John McInerney hosted the board meeting with cookies & coffee. Discussed Flag Day (still trying), Membership, Speakers contest, Campaign SightFirst II, will once again barbecue for the Civil War reenactment at Judkins on March 23, 2007. Board agreed to investigate holding a social night at the Melodrama in the near future. Will try to get 5 more visitations in before March 31, 2007. Reminded all that the Volunteers Appreciation Dinner for the recreation department will be on February 9, 2007. April 14, 2007 will be the CDA barbecue in Paso Robles and will need lots of help again.



Lions barbecue team-one cook & 2 supervisors



Party time!

January 17 regular meeting meeting: Lion Clark Channing spoke on his life and his career. He had extensive experience at all levels of governmental management and served as the CEO for Merced County and interim CEO for SLO County. He also has a good friend in Modesto that is a PID. If you missed his presentation sit with him at dinner sometime and ask him to tell some of his experiences.



Lion Clark Channing



January 31 Guest Night: We heard from the SLO Vocal Arts Ensemble concerning the California International Choral Festival & Competition to be held June 29 – July 1, 2007 in San Luis Obispo. Eight Choirs will be participating from around the world. They will be from Finland, Poland, Spain, Uganda, Philippines, and 3 from San Francisco. They are looking for volunteers. Check their web site for further information (www.californiachoral.org). They are expecting 300 visitors to be involved in the competition. The competition will take place over 2 days and a closing concert. This should be an interesting event.

No visitations were scheduled.

Visitations: We will be visiting the following clubs in February & March: Shandon Valley, Cayucos, Lompoc Host, Santa Ynez, & Vandenberg Village. I will let you know the dates.

Reprinted by request!

Lion's information:

Lions Clubs International History

The international Association of Lions Clubs began as a dream of Chicago businessman Melvin Jones. He believed that local business clubs should expand their horizons from purely professional concerns to the betterment of their communities and the world at large.

Jones' group, the Business Circle of Chicago, agreed. After contacting similar groups around the United States, an organizational meeting was held on June 7, 1917 in Chicago, Illinois, USA. The new group took the name of one of the invited groups, the "Association of Lions Clubs," and a national convention was held in Dallas, Texas, USA in October of that year. A constitution, by-laws, objects and code of ethics were approved.

Among the objects adopted in those early years was one that read, "No club shall hold out the financial betterment of its members as its object." This call for unselfish service to others remains one of the association's main tenets.

Just three years after its formation, the association became international when the first club in Canada was established in 1920. Major international expansion continued as clubs were established, particularly throughout Europe, Asia and Africa during the 1950s and '60s.

In 1925, Helen Keller addressed the Lions international convention in Cedar Point, Ohio, USA. She challenged Lions to become "knights of the blind in the crusade against darkness." From this time, Lions clubs have been actively involved in service to the blind and visually impaired.

Broadening its international role, Lions Clubs international helped the United Nations form the Non-Governmental Organizations sections in 1945 and continues to hold consultative status with the U. N.

In 1990, Lions launched its most aggressive sight preservation effort, SightFirst. The US\$143.5 million program strives to rid the world of preventable and reversible blindness by supporting desperately needed health care services.

In 2005 Campaign SightFirst II was started with a goal of \$150 million to be raised in 3 years.

In addition to sight programs, Lions Clubs international is committed to providing services for youth. Lions clubs also work to improve the environment, build homes for the disabled, support diabetes education, conduct hearing programs and, through their foundation, provide disaster relief around the world.

Lions Clubs International has grown to include 1.4 million men and women in 46,000 clubs located in 193 countries and geographic areas.

DISTRICT 4-A3 ACTIVITIES:

The third cabinet meeting will be held February 16 & 17 in Carpinteria. Check the web site www.lions4a3.org for further information. Don't forget about the district convention to be held in Solvang on May 18-20, 2007

MULTIPLE DISTRICT FOUR (MD-4) ACTIVITIES:

The Area 3 Healthy Club workshop was held at the Foothill Blind Center in Glendale. Ninety Lions attended and participated in discussion on the following topics: "Change Leadership" by PDG Howard Hudson, "Membership" by PDG Chuck Cassy, "Project Management" & "Club Survey" by PDG Al Adams, "Conflict Resolution" by PCC George Stewart, "Mission Statements" by Joe Woodruff, and "Sharing Best Practices" by PCC George. A discussion was held at the end of the day and the consensus was to continue this program within the multiple district. Lions Terry, Jack, and Dan attended.

The next Council of Governors meeting will be held in Fresno just prior to the MD-4 convention. There will be some major changes to the Constitution & By-laws on the ballot at the convention in Fresno. This information should be available from John in the near future. Registration information should be available from John or check the MD-4 website (www.md4lions.org) for further information on the convention which will be on February 2-4, 2007. International President Jimmy Ross will be attending. Also the candidate for Second International President will be there. Who is he/she? Attend and find out.

LIONS INTERNATIONAL ACTIVITIES:

The international convention will be held in Chicago July 2- 6, 2007. Check the LCI web site for more information, www.lionsclubs.org.

Nipomo Club News:

Lion Rolf Monteen was the program at the January 18 meeting. He is associated with the Project Lifesaver. The word is that it was a very interesting meeting and members felt that they were doing important work in the community.

Lion Denise Farmer has agreed to be 1st VP, Lion Bob McGill will remain at 2nd VP, and Lion Mark Westfall will be 3rd VP.

The Packs for Kids will be put together soon by Lion Bill and whoever else wishes to help.

The sample shirt should be available soon. Remember "RED" was the color chosen by the members in November.

HUMOR?



Laugh a minute! Ha! Ha!



Did you know?

You're never too old to become younger. *May West*

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle. *Albert Einstein*

Recent club Photos:



Lion President Terry



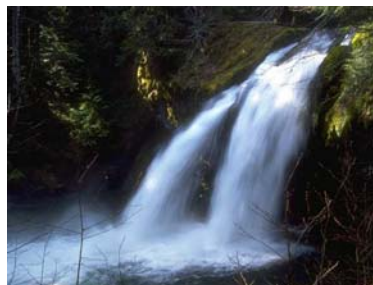
Lions, John, Jack, & Dan in the kitchen



Lion John & Lion Vern setting up the bar



I would rather be fishing!



Or sitting by a cool stream—**fishing!**



Eye Health Information

Glaucoma

It is recommended that everyone at risk of glaucoma have their eyes examined at least once every two years.

Glaucoma is a group of eye diseases in which the pressure inside the eye may or may not be elevated. If untreated, vision loss or blindness may result. With open angle glaucoma, the most common form of the disease, the normal fluid pressure inside the eye progressively increases.

Many people at high risk for glaucoma are unaware that they could be going blind. It is this group of people that Lions need to reach with sight-saving information through LEHP. Ask yourself the following questions and evaluate your "risk" for developing glaucoma.

Does Your Family Have a History of Glaucoma?

Glaucoma is hereditary. If someone in your family's past has had glaucoma, please have your eyes examined.

Are You of Retirement Age?

Anyone over the age of 60 is at risk for developing glaucoma.

Are You Lacking a Regular Source of Health Care?

Individuals that do not regularly make appointments with a health care professional run the risk of ignoring the onset of glaucoma. Without a dilated pupil eye exam every two years, vague symptoms may go unnoticed until it's too late and the disease has progressed to a severe stage. Many times, there are no symptoms in the early stages of the disease.

If you answered "yes" to any of the above questions you are "at risk" for developing glaucoma and should schedule a dilated pupil exam with your local eye doctor at least once every two years.

With glaucoma, there are no initial symptoms. Vision stays normal, and there is no pain. However, as the disease progresses, a person with glaucoma may notice his or her side vision gradually failing. That is, objects in front may still be seen clearly, but objects to the side may be missed. As the disease worsens, the field of vision narrows and blindness results. Detection comes from regular dilated pupil eye exams.

If glaucoma is detected and treated early, it usually can be controlled before severe vision loss occurs. It is recommended that everyone at risk have their eyes examined at least once every two years.

For more information, download the brochure "Don't Lose Sight of Glaucoma."

Name	Address	Telephone	Office Held
Awalt, Rich (Pam)	512 Arroyo Ave., A. G., 93420	489-4600(H)	
Barcellos, Matt (Karen)	142 Pearwood Ave., A. G., 93420	481-1078(H) 541-0850(B)	3 rd VP
Bonds, Tom (Sue)	517 Launa Ave., A. G., 93420	489-7338(H)	1 yr Director
Bradbury, Joe (Jeanne)	412 Printz Rd., A. G., 93420	489-9549(H)	
Cabassi, Charlie (Sandy)	P O Box 200, A. G., 93421	489-7696(H) 489-5594(B)	Sight Conservation
Carr, Bob (Jamie)	836 Olive, A. G., 93420	489-7098(H)	
Channing, Clark (Gretchen)	245 Effie Way, P. B. 93499	489-8474(H)	
Cockshott, Bill (Vi)	584 Via La Barranca, A. G., 93420	481-7927(H) 489-4859(B)	
Couch, Bill	614 Vista Pacific Circle	773-6297(H)	
Couch, Christine	614 Vista Pacific Circle	773-6297(H)	
Dorman, Les (Locksey)	9000 Huasna Rd., A. G., 93420	489-6891(H)	
Frederick, Vernon (Jeanne)	847 Norma Drive, P. B. 93449	481-9546(H)	Lion Tamer
Freitas, Frank (Connie)	1604 La Vineda, S. L. O., 93401	543-4442(H) 781-5443(B)	
Gallagher, Jim (Jan)	1141 Oakmont Place, Nipomo, 93444	931-0637(H)	2 nd VP
Gatz, Jack (Pam)	1558 Laurel Lane, S. L. O., 93401	544-1194(H) 550-3074(B)	Programs
Gegg, Colin (Gretchen)	1167 Monaco Court, G. B., 93433	481-2452(H) 489-0861(B)	
Jones, Dan (Karen)	315 Allen St., A. G. 93420	489-6021(H)	
Lambert, Clem (Amanda)	850 Virginia Drive, A. G., 93420	489-2106	Director
Levine, Ken (Gaby)	1425 Hillcrest Drive, A. G., 93420	489-7323	
McInerney, John (Marilyn)	1327 Black Sage Circle, Nipomo, 93444	343-2451(H)	Secretary/Treasurer
Mansell, Leonard	501 S. Halcyon Road, A. G., 93420	481-4053	
Montgomery, Isaac (Anna)	148 Rosewood Ave., A. G., 93420	489-8153(H)	
Murray, John	239 Oakwood Ct., A. G., 93420	473-8412	
Orton, Terry (Nancy)	119 S. Rena St., A. G., 93420	473-8418(H) 541-2394(B)	President
Ourston, Thor (Diana)	783 Arabian Circle, A. G., 93420	473-3937(H) 473-1535(B)	
Payne, Bob (Lori)	2368 Huasna, A. G., 93420	489-7170	
Pierson, Bill	817 Forest Glen, A. G., 93420	481-5886(H)	
Sharpe, Stan (Mary)	10850 Ciervo Trail Way, A. G., 93420	489-5798	Membership
Stewart, George (Lynn)	137 Pearwood Ave., A. G., 93420	489-6541	Membership
Walker, Dan (Michele)	656 Balboa St., G. B., 93433	739-6152 441-6564(B)	1 st VP
Walker, Elliott	656 Balboa St., G. B., 93433	739-6152	2 yr Director
Wetzel, Frank (Irene)	1682 El Cerrito Ct., S. L. O., 93401	543-2145	
Workman, Frank Dr. (Toni)	1571 Vista Grande Lane., A. G., 93420	474-0425	

THERE IS ROOM TO ADD NEW MEMBERS!

District Governor:
Jeff Roundy
216 Channel Heights Ct.
Ventura, CA 93003
701-0653(B)

Cabinet Secretary:
Donna Manuel
1468 Ivory Drive
Santa Maria, CA 93455
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Region "L" Chairman
Arnold Kalvans
P O Box 64
San Miguel, CA 93451
467-3514(H)

Zone 2 Chairman
Jim Lyons
P. O. Box 1732
Morro Bay, CA 93443
771-9182(H)

MD-4 Office

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Lions information:

LCI's Mission Statement:

To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation.

